

Marriage and It's Accompanying Changes

Jared Van Wagoner

1. **Sleep.** When a man and woman are dating exclusively and not living with one another, there may exist the tendency to believe that every moment is their last. This results in the loss of much needed sleep. Marriage provides a release from that awful state.
2. **Cooperation.** There has to be a continual effort made to cooperate and compromise with kindness. The failure to do so precedes all turbulence experienced in the home. Success in doing so produces peace, tranquility and happiness.
3. **Eating Habits.** In the event that neither of the two individuals in a marriage has culinary abilities there may exist a degree of malnutrition. A greater amount of attention needs to be placed on a grocery list. It becomes easy to disregard the need to nourish one's self in a healthy manner.
4. **Finances.** If the principle of cooperation is being lived there are great advantages to being married. Previous to marriage there may have been a pattern in a couple's spending habits. One pattern may have been that only one individual's income was utilized in all events. Marriage can provide a second income and the ability to generate increases in a savings account. Thus relieving the financial tension off one individual's shoulders all the while enjoying the same activities experience in the pre-marriage life. Preparation to provide for children is also a motivational factor to better manage finances.
5. **Home Environment.** In earlier years an individual's living quarters may be inhabited with siblings, roommates, parents, ect. Although relations with other family members and other individuals may be great and rewarding, privacy can be a problem. When the occupancy of a home is down to just two individuals, there are the benefits of quiet, privacy, and freedom to behave as one, or two chooses. Happiness can reign under such circumstances and the home can be considered a haven and refuge from daily routines.
6. **Motivation.** Sharing a life with another individual can lead to greater levels of conscience thought. A decision is no longer one's very own. One's behavior is no longer only consequential to one's self. If this manner of thinking is shared by both individuals in a marriage than the fruits of one's labors are doubly enjoyed and celebrated, and on the other hand one's failures are doubly unpleasant and disappointing. There is a greater motivation to succeed and encourage the success of the other.

7. **The Possibility of Having Children.** When the possibility of increasing the numbers of the home is prevalent, there may be an element of fear associated with such a possibility. The prospective parents of a household may want to ensure that certain things are established before introducing a child into the world. Not only physical conditions need to be met, but the psychological state and maturity of the parents should be fit for the responsibilities of parenthood. They have to be mindful of what and who they are, and what and who they are becoming. This usually isn't a problem before marriage.
8. **Recreation.** Assuming that both individuals in a marriage are fond of each other and enjoy time spent together, and that both have to labor regularly in their daily lives, recreation is very enjoyable and appreciated. Plus, two heads can be better than one, so there may be a greater range of interest to cover or explore with the disposable time available. You also don't have to find a date, which saves time and anxiety.
9. **Abnormal Behavior.** Now I know why people think their parents are crazy. When spending a great deal of time with just one other human being, one can begin to feel very comfortable. It's possible to shed inhibitions, to reveal one's true self and in doing so become a little detached from the rest of society. Two people who share their lives with one another can form a bond that nobody else needs to understand. This bond can manifest itself in a number of ways; inside jokes, phrases that don't make sense to anybody else, interesting gestures and body language, and odd displays of behavior that a human being outside of the household would deem as insanity. It's all part of the fun of being married.

Conclusion: I love being married. I got a rockin wife and my experience thus far has been nothing short of a cheesy movie. I get a lot more sleep, I've learned to listen and compromise with patience and love, I get to eat out all the time, I am no longer too short on cash, and my wife can get even more clothes now, I enjoy the comfort of our own home and privacy, I do feel more motivated and aspire to greater things for the sake of our lives, I am freaked out about being a Dad but I know it will be the best thing for me, there has never been a time in my life where I have enjoyed as much activity, our dates are always great, and I can be as weird as I want and my wife likes it.

The End.